

**JUNE 2021 STUDIO CLASSES AT SPRINGHEAD**

**Bookable in blocks of (usually) 4 weeks. No partial bookings. Theses classes will be run on a Covid-safe basis. Clients should provide their own mat and head cushion/towel. Small equipment is optional.**

Wednesday 2nd June – Wednesday 23rd June inclusive (4 wks) - £36

**Studio 1:1 and 2:1 (must be household bubble) are also available.**

Prices on website. These sessions are Covid safe and are held at the **Dobcross studio**. Slots available Mon – Thurs afternoons.

**JUNE 2021 ZOOM CLASSES**

**Online classes remain PAYG at £7.50 per class and are open to all clients.**

Private 1:1 Zoom sessions are available on request by arrangement and cost £30.

**TUESDAY 10am**

 **4pm**

**WEDNESDAY 6.30pm**

**FRIDAY 10am**

***NO CLASSES ON TUES 1st JUNE***

Website link:

[www.highperformancepilates.co.uk](http://www.highperformancepilates.co.uk)